

BIODATA

NAME Mr. Navdeep Singh
DESIGNATION Assistant Professor
QUALIFICATION Ph.D.(Prusuing), NET (UGC), M.Phil, M.P.Ed., B.P.Ed.
INSTITUTION University College, Dhilwan (Punjab) India.
CONTACT Department of Physical Education, University College, Dhilwan, (Punjab) India
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EXAMINATION	SCHOOL/ INSTITUTE	BOARD/ UNIVERSITY	YEAR	DIVISION
Ph.D.	PUNJABI UNIVERSITY, PATIALA(PUNJAB)	PUNJABI UNIVERSITY, PATIALA(PUNJAB)	2015	Prusuing
NET (UGC)	MEERUT,UNIVERSITY	U.G.C.	2013	Cleared
M.Phil.	PUNJABI UNIVERSITY, PATIALA(PUNJAB)	PUNJABI UNIVERSITY, PATIALA(PUNJAB)	2014	A 'GRADE'
M.P.Ed.	PGGC,CHD.,SEC-11	PUNJAB UNIVERSITY (CHANDIGARH)	2012	First
B.P.Ed.	PGGC,CHD.,SEC-11	PUNJAB UNIVERSITY (CHANDIGARH)	2010	First

RESEARCH INTEREST: Sports Biomechanics, Exercise Physiology, Science of Sports Training.

PAPERS PUBLISHED

- 7 INTERNATIONAL LEVEL
- 2 NATIONAL LEVEL

SPORTS ACHIEVEMENTS

1. Represented Punjab University, Chandigarh in Basketball (Men) team and won the gold medal in all India interuniversity championship for the year 2008-2009.
2. Participate in Junior National Basketball Camp at NIS Patiala.
3. Participate in Junior National Korfball Championship held at Jammu.
4. Silver Medal in Kila Raipur khed Mela (Mini Olympics).
5. Six time Participate in Inter-Collage Basketball Championship.

EXTRA CARRICULAM ACTIVITIES

- Attend awareness program organized by Chandigarh Administration on gender sensation and female feticide.
- During the course of B.P.Ed, M.P.Ed & M.PHIL participated in various activities such as Adventure & tracking camps, Leadership training camps, Personality development courses, attend workshop of Physiotherapy & rehabilitation. Attend the many guest lectures on physical education, nutrition, sports training, management of stress, tension anxiety and fear, officiating & Coaching.

PROFESSIONAL OFFICES HELD

Assistant Professor in Physical Education at Punjabi University college Dhilwan, Patiala, Punjab from October 2014 to till date.

DECLARATION

I hereby declare that all the information given in this form is true to the best of my knowledge.

Yours sincerely,

NAVDEEP SINGH